

South Lake Tahoe Area Mental/Behavioral Health Resources

Barton Community Health Center - 530.543.5623

Kim Kilgore, LCSW

Barton Psychiatry - 775.589.8946

Tracy Protell, MD - Child Psychiatry

Sonia Rupp, MD - Child Psychiatry

Saul Zelan, MD - Child Psychiatry, Adult Psychiatry

Telehealth Adult Psychiatry - 530.543.5867

A Balanced Life

530.544.1748

Carson Counseling and Supportive Services

775.687.4195

EI Dorado County Mental Health

530.573.7970

edgov.us/mentalhealth

EI Dorado County Alcohol And Drug Program

530.573.7959

Family Resource Center

530.542.0740

tahoefrc.org

Hope Lutheran Church

530.541.1975

Live Violence Free

530.544.2118

liveviolencefree.org

NAMI El Dorado County - South Lake Tahoe

National Alliance on Mental Illness

650.740.5776

F2FNAMI@gmail.com

NAMI hosts a monthly Family Support Group for those with loved ones dealing with a mental health issue or co-occurring addiction issues. 2nd Tuesday of every month from 6-7:30 p.m. at the South Lake Tahoe library.

Sierra Child & Family Services

530.544.2111

South Lake Tahoe Drug Free Coalition

530.541.2445

bedrugsafe.com

South Lake Tahoe Mental Health Cooperative

Information kiosks can be found at these South Lake Tahoe locations:

- Barton Community Health Center lobby (2201 South Avenue, South Lake Tahoe)
- Barton Family Medicine lobby (1090 Third Street, South Lake Tahoe)
- Barton Memorial Hospital's Emergency Department (2170 South Avenue, South Lake Tahoe)
- El Dorado County Probation and Sheriff Office (1360 Johnson Blvd, South Lake Tahoe)
- Lake Tahoe Community College in the Commons Area (One College Way, South Lake Tahoe)
- South Lake Tahoe Library (1000 Rufus Allen Road, South Lake Tahoe)

St. Theresa's Church

530.544.3533

Suicide Prevention Network

775.783.1510

alisa@spnawareness.org

Suicide Prevention Network hosts a monthly Survivors of Suicide support group, meant for those that have lost a loved one to suicide. The support group is hosted monthly on the 4th Thursday of every month at 6pm in the Barton Public Relations Office: 2092 Lake Tahoe Blvd, Suite 400, South Lake Tahoe.

Tahoe Turning Point

530.541.4594

Tahoe Youth & Family Services

530.541.2445

tahoeyouth.org

State and National Resources

Each Mind Matters

eachmindmatters.org

National Alliance on Mental Illness (NAMI)

800.950.6264

nami.org

StartYourRecovery.org

startyourrecovery.org

Psychologists

Matthew Wong, PsyD

415.806.0275

Private Therapists

Catherine Aisner, PHD, PSY

530.416.6696

Sandra Branton, EDD, LMFT

530.541.5977

Trina Brown, LMFT

530.539.4063

Lynne Daly, LMFT, LPC, NCC

775.671.0775

Thomas Dickey, MFT

530.543.0400

Erin Eisenlohr, MFC

775.749.8161

Laurie Gallagher, LSCW

530.542.2409*2

Evelyn Goodell, LMFT

530.600.1229

Nancy J. Huzicka Crebs, LMFT

530.600.1229

Raoul Kaufman, LMFT

530.544.1668

Erin Kelly, LMFT

530.544.1748

Karen Maack, MFT

530.545.8928

Kate Mosher, LCSW

530.494.9839

Viola Nungary, MFT

530.542.0800 / 775-588-9230

Michele Parsons, LMFT, MFC

916.889.0995

Marianna Randolph, LCSW

530.544.1748

Lindsay Simon, LMFT

530.544.1748

Debra Vance, LMFT

530.542.2409

Michael G. VanGordon, MFC

530.318.1502

Learn more about what Barton Health and the South Lake Tahoe Mental Health Cooperative do for [Mental Health in our community](#).